

# The Sourdough

S E N T I N E L

Jan. 7, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 1

## Hillberg heats up with cool winter sports



-- Pages 10-11



## Special day for those left behind

Senator Ted Stevens passes out presents to children of deployed members during a holiday party for families of deployed military members Dec. 21 at the Fitness Center gym. The party was hosted by the senator and included games, crafts, free food and beverages, and a visit from Santa and Mrs. Claus. The Alaska Brass band, part of the Air Force Band of the Pacific, was also there to set the mood. All children were given free gifts.



STAFF SGT. DAVID DONOVAN



■ **Airman 1st Class Renee Bruffy**, 3rd Equipment Maintenance Squadron, restored a punctured main landing gear pod panel on a transient C-5 aircraft by researching technical data and fabricated a repair patch to precise specifications.

Her sense of urgency exemplifies service before self and allows the Air Force to carry out its mission in support of real world channel runs.

■ **Tech. Sgt. Marcus Payne**, 3rd Operations Group, was handpicked as an evaluator for the Pacific Air Forces' Aircrew Standardization and Evaluation Team during a recent visit to the 176th Wing, Kulis Air National Guard Base.

Utilizing his in-depth knowledge of C-130 aircraft, he verified operational standards during more than 10 flights and ground procedural evaluations.

Additionally, required to fly in different variants of a C-130, Sergeant Payne was qualified in a C-130 H2 in minimal time.

■ **Senior Airman Michael Secord**, 962nd Airborne Air Control Squadron, oversaw the squadron's Windows XP migration and LAN drop installation, as well as completed six semester hours of college, volunteered to set up the Anchorage City of Lights, and was a key member of the squadron Christmas party committee.

■ **Staff Sgt. Jesse Crips-Sorger**, 3rd Aircraft Maintenance Squadron, participated as a member of the flight control impoundment team and was able to isolate a control augmentation system malfunction on aircraft 84-0003.

He identified faulty differential stabilator circuitry in the Pitch Computer as the cause of the repeating failure.

Sergeant Crips-Sorger's advanced knowledge led to an accurate fix, terminating the discrepancy.

## Action Line



Col. Michael Snodgrass  
3rd Wing Commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Col. Michael Snodgrass. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

**552-2224**

***actionline@elmendorf.af.mil***

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

**Key phone numbers:**

Lt. Col. Christopher Thelen, 3rd CES/CC  
552-3007  
Maj. David Aupperle, 3rd SVS/CC  
552-2468  
Maj. Robert Garza, 3rd SFS/CC  
552-4304

## Snowy vehicles

**Q**: During the first big snowfall of the year, I witnessed a driver stop at the stop-sign right outside my work building.

When she hit her brakes a large amount of snow dislodged from the roof of her vehicle and ended up covering the windshield. She was forced to exit the vehicle to clear the snow away.

After witnessing that event, I have become aware of a disturbing number of vehicles driving on the base with large amounts of snow on top of them. I have three times spoken to the Boniface Gate guards and twice discussed the issue over the phone with a desk sergeant at the 3rd Security Forces Law Enforcement desk.

In both instances, the desk sergeant assured me that the situation

was unacceptable and that the gate guards would be briefed to disallow entry onto the base until a vehicle has been cleared of snow.

Yet, over a week since my last phone conversation with them, the problem continues. It is only a matter of time before someone is hit at a crosswalk or in a parking lot because a driver applies their brakes and ends up blinded, sliding into their victim. The gate shuts themselves could also be damaged in a similar situation.

I would appreciate your input regarding this issue.

**A**: I share your concern that some vehicle operators are not removing accumulated snow from their vehicles before driving. A large build up of snow on a vehicle operator's roof can obstruct vision and also be a danger to pedestrians. Alaska Traffic Codes and Elmendorf Traffic Code require

operators to clear snow from all windows, headlights, safety lamps, warning lights, and license plates prior to operating a vehicle. It is also the vehicle operator's responsibility to operate any vehicle in a safe and prudent manner, and this includes clearing large build ups of snow on the roof as necessary. Our Security Forces patrolmen will continue to remind each vehicle operator on Elmendorf to operate their vehicle in a safe manner during winter driving conditions, and to be considerate of others.

Additionally, we have coordinated with 3rd Wing Safety to publish an article on safe winter driving practices. Please contact the Operations Officer at 552-4062 or Operations Support at 552-6509, if you believe on-duty Security Forces members are not responding to your suggestions in a timely and professional manner.

## 3rd Wing Moment in History



### Jan. 1, 1944:

The 3rd Bombardment Group converted to the Douglas A-20 Havoc, a twin-engine attack bomber.



**The Sourdough  
S E N T I N E L**

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**Best in DoD 2000**

**Best in Air Force**

**1999, 2000 & 2001**

**Best in PACAF**

**1998, 1999, 2000 & 2001**

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PHOTO ILLUSTRATION BY LT. COL. BRIAN TONNELL

Taking good care of your vehicle during the winter months is important. Be sure to clean off snow for greater visibility, and to allow your vehicle adequate time to warm up before you begin driving.

By Mr. Bob Madara

3rd Wing ground safety manager

Winter is upon us. This is the time of year to redouble our safety vigilance to avoid both those slips and falls and those more severe injuries.

But how?

How can we ensure we are safe this winter season?

Can we simply follow a checklist ... or is there more?

While there are steps that can be taken to be safer, the main effort involves attitude.

Safety is not just a task that can be accomplished — it is an attitude, a mindset. It is a result of mixing safe practices with safety-mindedness.

Our wing commander, Col. Michael Snodgrass, puts it this way, “Safety is a result of how we conduct business 24 hours a day ... [it is] each commander’s responsibility and every person’s duty.”

Winter driving represents specific challenges to driver and vehicle.

The specific knowledge and skills one brings to this unique environment can make the difference in reaching one’s destination or turning a minor emergency into a catastrophe.

While automobiles and road surfaces today have come a long way toward making winter driving safe, it’s still a tricky and dangerous business despite better cars, better roads and heightened driver education.

Many motorists seem lulled by the ease of driving and fail to adjust to

*“Safety is a result of how we conduct business 24 hours a day ... [it is] each commander’s responsibility and every person’s duty.”*

Col. Michael Snodgrass

3rd Wing commander

the changing road conditions.

The results of this complacency can be disastrous.

Auto accidents increase at an alarming rate during the winter months.

Many of these drivers who are involved in accidents don’t plan their trip to account for slick roads, slower traffic and reduced vehicle control.

Driving safely is a personal responsibility that everyone must practice to ensure the roadways are as safe as possible.

Below are some reminders regarding winter driving even when traveling short distances. To prepare your vehicle for driving:

- Clean off all the snow, including on the vehicle’s roof and hood, to prevent snow from falling or blowing onto your windshield during operation

- Remove all the snow off the lights of your vehicle to ensure maximum light advantage, as well as your vehicle’s windows and mirrors for all around greater visibility

- Be prepared for anything. Always keep a little food and water on hand in your car. Some extra blankets and clothing could also help if you find yourself stranded. A winter survival kit with a flashlight, first aid kit, pocket knife, matches, candle, sack of sand, shovel and jumper cables should be included. And as always,

never drink and drive

While driving, watch out for:

- Slower moving vehicles. Be sure to pass with caution. Also, be sure to increase your stopping and following distances between you and the vehicle ahead of you.

- Moose on the roadways. It is easier for them to walk in the road than in the deep snow so there will be more moose crossing the roadways. If you see a moose trying to cross the road, give yourself plenty of distance. Don’t attempt to cross in its path or feed it.

- Black ice. This type of ice is extremely dangerous because you can’t see it. Be sure to watch your speed, especially around corners.

If you lose control of your vehicle and start to fishtail, remember:

- Don’t panic.
- Ease off the accelerator.
- Steer in the direction the rear of the vehicle is skidding.

If an accident does occur, base personnel are responsible for reporting all minor vehicle accidents within 72 hours of the incident by visiting the Law Enforcement Desk in Bldg. 8517, adjacent to the Fitness Center.

For vehicle accidents resulting in substantial vehicle damage and/or personal injuries, individuals should call the Law Enforcement Desk at 552-3421, and Security Forces personnel will be dispatched to the scene.

In any emergency situation, be sure to always call 911.

For additional safety information or for questions, call Elmendorf’s Safety Office at 552-3389.

## Weather hotline

For local weather warnings and base closures, call the **Straight Talk Line at 552-0101**. It is also important to listen to local weather reports before driving to know when severe weather is approaching.

# CMSAF: Enlisted force structure — defining our roles

By **Chief Master Sgt. Gerald R. Murray**  
Chief Master Sergeant of the Air Force

Clearly defining our purpose and development as an enlisted corps is more critical today than ever before. Our Airmen have been called to action in many different, and sometimes non-traditional capacities. The challenges have been great and often unfamiliar. Through your dedicated service and sacrifice we’ve met those challenges straight on, and have grown tremendously since the Global War on Terror began.

To keep at the top of our game, every Airman must know and understand their role in this fight and in our Air Force, today and tomorrow. It’s the enlisted force structure that defines us as Airmen, rather than

merely specialists. In recent months, we’ve spent a great deal of time and talent to improve this Air Force Instruction to ensure we not only meet today’s requirements, but also are ready to face any adversary at any time.

The revised Air Force Instruction 36-2618, Enlisted Force Structure, lays out concise standards, expectations and opportunities for every enlisted Airman. The foundation of the profession of arms has to begin with our core values, Integrity, Service Before Self, and Excellence. These values, along with the basic roles and responsibilities needed to accomplish the mission, form our foundation — a rock-solid foundation. This instruction establishes general Airmen responsibilities and refines both general and specific responsibilities

for each level of the enlisted force. We have clearly defined enlisted knowledge and performance levels while incorporating the Tactical, Operational, and Strategic levels of leadership and development. Additionally, we have described some of the special SNCO job opportunities, such as Group Superintendents and Command Chief Master Sergeants. One of the most visible aspects of this version of AFI 36-2618 is the standardization of enlisted duty titles. We based titles on a person’s primary duties, level of responsibility and rank.



**Chief Master Sgt. of the Air Force Gerald R. Murray**

A consistent, standard approach gives the title universal meaning. When you reach a superintendent of a wing shop you’ll know you are dealing with a SNCO in charge. Today’s operations tempo calls for a quick understanding of a person’s role. We are facing new challenges everyday and we have to maintain our edge for every angle.

I urge all Airmen to read and understand the Enlisted Force Structure AFI. This is your blueprint for success in our great Air Force ... an Air Force revered around the world. Embrace your role and responsibility as an Airman — SNCO, NCO, or junior airman, and we’ll continue to be the outstanding enlisted force our nation values, our allies appreciate and our enemies fear.

## More Airmen eligible for Air Force Recognition Ribbon

WASHINGTON — More Airmen can wear the Air Force Recognition Ribbon for winning service-level competitions and awards.

A recent change to an Air Force instruction allows members of small teams participating in events such as security forces’ Defender Challenge, Air Mobility Command’s Rodeo or the William Tell competition at Air Combat Command to wear the decoration.

In the past, named individuals who received Air Force-level special trophies and awards listed in Air Force Instruction 36-2803 “The Air Force Awards and Decorations Program,” could wear the ribbon.

The instruction expanded Dec. 6 to include individual members identified as part of a small team.

A small team is defined as below flight level. Examples include a team for a specific event, or an airlift or missile crew of the year, or a weapons load crew.

“These war-fighters have shown superior skills and abilities in Air Force-wide competitions, and deserve this recognition which says they and their team are the ‘best in the Air Force’,” said Air Force Vice Chief of Staff Gen. T. Michael Moseley. “This ribbon will be awarded to individuals and teams at competitions like AMC’s Rodeo, ACC’s Gunsmoke and William Tell. These are perfect opportunities to showcase America’s air and space power and to recognize the finest Airmen who have ever worn the uniform of the United States Air Force,” he said.

According to Maj. Dan Anderson, Air Force chief of recognition and commanders’ programs, the determining factor in eligibility is either individual achievement or achievement of a small team where the contribution of the member was integral to the success, as opposed to organizational groups where an individual contribution could vary widely.

Awards must be earned via a competitive process. Winners in private organization competitions must be nominated by the Air Force and have won in an Air Force-wide competition.

The complete instruction governing the ribbon, AFI 36-2805, “Special Trophies and Awards,” is being revised to reflect the recent change.  
*(Courtesy of Air Force Print News)*



# PACAF commander visits Airmen, shares “Four P’s” perspective

By Maj. Brad McDonald  
Headquarters Pacific Air Forces

HICKAM AFB, Hawaii – As Pacific Air Forces commander, Gen. Paul V. Hester leads an organization of more than 55,000 Airmen — officer, enlisted, and civilian. Recently, he outlined his vision and his priorities for the command, summed up in “Four P’s:”

- *Posture* our forces
- *Prepare and Provide* immediate and responsive combat capability
- *Promote* regional security and stability
- *People* — our greatest asset

Since taking command in July 2004, General Hester has logged more than 75,000 miles traveling throughout the command, visiting PACAF Airmen, praising them for an exceptional job, and spreading a consistent vision for the command’s future – firmly based on its mission.

The general outlined the PACAF mission in detail: to provide global vigilance, reach and power while defending the U.S. through air and space power in the Pacific. Specifically, PACAF provides warfighting capability to U.S. Pacific Command (PACOM) through integrated Expeditionary Air Force capabilities to defend the homeland, promote stability, deter aggression, and swiftly defeat adversaries.

In keeping with that mission, General Hester’s vision for PACAF is to “bring the full power of America’s Air Force and the skill of its Airmen to promote peace and stability in the Asia-Pacific region,” and that will be accomplished by attending to the “Four P’s.”

According to the general, the **posturing of PACAF forces** is the first critical aspect of supporting PACOM. PACAF is organizing a Warfighting Headquarters construct to provide a standing Joint Forces Air Component Commander who will be able to seamlessly fit into any Joint Task Force, as directed by the PACOM commander.

The WFHQ-Pacific structure will be a responsive and tailored command structure poised for any contingency, and it will demonstrate U.S. commitment to regional security as well. Other force-posturing initiatives on the horizon include the stationing of C-17s at both Hickam and Elmendorf Air Force Bases, and the addition of Intelligence, Surveillance, and Reconnaissance/Strike assets at Andersen Air Force Base, Guam.

**Preparing and providing immediate and responsive combat capabilities** is the second critical area of focus for General Hester, and to accomplish it, the command is leveraging the Aerospace Expeditionary Force concept in the Pacific region. The rotational bomber presence at Andersen AFB, which has been in place since February 2003, is one example of that expanded capability. Additionally, exercise Resultant Fury ’05 in November 2004 demonstrated the ability to engage and sink moving maritime targets from the air.

**Promoting regional security and stability**, the general’s third priority, is accomplished in part through joint exercises and conferences with Asian-Pacific nations. The Pacific Air Chief’s Conference in September 2004 brought together senior Air Force leaders from countries throughout the region, and such exercises as Cooperative Cope Thunder, held in July 2004 in Alaska, foster improved interoperability with our allies.

“It’s through opportunities such as these that personal relationships are forged, which makes our future coalitions much stronger and more effective,” General Hester said.

Finally, **people are our greatest asset**. The general strives to ensure that Airmen understand their importance to the mission — and the importance of taking care of one another.

The general recently shared some thoughts on the subject during his first Commander’s Call. “I’ve seen the excitement in the eyes of our Airmen throughout PACAF,” he said. “Our Airmen

represent the best our country has to offer. They’re motivated, and they’re proudly accomplishing America’s business in this most important region.”

The command and the larger Air Force face two challenges in particular — suicide and sexual assault — which negatively impact quality of life, the general said.

Suicide is a “permanent solution to temporary problems at home,” the general said. “Now, more than ever, there’s a need for each of us to take care of those we work with day-in and day-out. I firmly believe that we are a great Air Force in large part because “Air Force families lead Air Force families,” and as such, each of us as Airmen, need to be involved and in tune with our fellow Airmen ... their families ... and their needs.”

Sexual assault is likewise unacceptable. “We cannot have an environment where our Airmen feel threatened,” he said. “Airmen need to take care of each other, and it is up to you to ensure our people know and understand the limits of what’s appropriate and inappropriate behavior. This issue has the effect of tearing apart the fiber of our teamwork.”

Overall, Airman morale is high, and the general intends to keep it that way. PACAF’s Airmen play a critical role as the force structure undergoes transformation. “PACAF’s mission is being met from Eielson in the northern region of Alaska to Diego Garcia in the Indian Ocean,” he said. “PACAF Airmen are engaged in international, challenging missions ranging from tensions on the Korean Peninsula and the China-Taiwan Straits, to defending against transnational threats such as piracy, drug and human trafficking, all while supporting the Global War on Terrorism.”

As he looks towards the horizon, General Hester sees exciting and challenging times. “It is a privilege and blessing to serve as PACAF commander as we embark on the challenges ahead,” he said. “May God guard this command and guide the decisions each Airman has to make.”



AIRMAN 1ST CLASS GARRETT HOTHAN

**Staff Sgt. Dwayne Brunelle**

**Duty title:** 3rd Logistics Readiness Squadron unit deployment manager  
**Hometown:** Winooski, Vt.  
**Hobbies:** Hunting and fishing  
**How he contributes to the mission:** Prepares 3rd LRS personnel for contingency deployments and tracks training and deployment locations  
**Time at Elmendorf:** Four years  
**Best part of being in Alaska:** The fishing  
**Supervisor’s comments:** “Sergeant Brunelle has done a superb job of preparing LRS members for the toughest duty currently in the Air Force, combat convoys in Iraq.” Lt. Col. James Hardee



STAFF SGT. PRENTICE COLTER

**Tech. Sgt. Nick LeMay**

**Duty title:** 611th Air Support Squadron airfield management quality assurance evaluator  
**Hometown:** Menominee, Mich.  
**Hobbies:** Traveling, camping, fishing, watching the Green Bay Packers and spending time with his family  
**How he contributes to the mission:** Provides quality assurance evaluations for airfield management and transient alert for base operations  
**Time at Elmendorf:** Two years and two months  
**Best part of being in Alaska:** The ever-changing views of the scenery  
**Supervisor’s comments:** “Sergeant LeMay is a very dedicated NCO. He always goes the the extra mile at work and in the local community, and arrives each day with a positive attitude.” Master Sgt. Ronald Hugeback

# Briefs

## Muldoon Gate

The Muldoon Gate will now stay open longer to accommodate Bartlett High School’s after-hours activities. The gate will only remain open for one additional hour past a scheduled event. On weekdays without a scheduled activity, the Muldoon Gate will close at its normal time of 6 p.m.

For questions, call Master Sgt. David Byrd at 552-2132.

## Deployed spouses

Col. Michael Snodgrass, 3rd Wing commander, and Col. James Sturch, 3rd Wing vice commander invite all spouses of deployed or deploying members who reside on base to attend a meeting Jan. 13 at 7 p.m. in the Dallas Community Center.

Topics of discussions will include the needs and concerns of families with deployed members, maintenance problems in your home, and housing and snow removal issues. Aurora Military Family Housing and the 3rd Civil Engineering Squadron Housing flight will also have information to share. Everyone is welcome, including children.

For more information, call Mr. Jim Barnett at 552-4328.

## Suicide briefings

All military members are required to attend one of the following briefings at the Base Theater to satisfy their annual suicide prevention training requirement: Jan. 24 at 3 p.m., Jan. 26 at 7:30 a.m., Feb. 7 at 3 p.m., Feb. 9 at 7:30 a.m., March 7 at 3 p.m. and March 9 at 7:30 a.m. Additional briefings will be scheduled throughout the year with

times and dates to be announced.

For more information, call 580-1041 or contact your first sergeant or your squadron training manager.

## MLK observance

The annual 3rd Wing Martin Luther King, Jr., Commemorative Observance is Jan. 14 at 3 p.m. at Chapel One. Reverend and retired Maj. Leon Brown will be the keynote speaker. Refreshments will follow.

## Flu shots

The 3rd Medical Group is offering influenza immunizations to all active duty Air Force and other military personnel (excluding Army personnel). Also, all persons over 50 years of age and household contacts of medically high risk individuals may receive the vaccine. The Immunizations Clinic is open from 7:45 a.m. to 4:30 p.m. Monday-Friday for walk-ins.

## New women’s program

The 3rd Wing Women’s Leadership Program has its first meeting or “lunch and learn” Jan. 12 at 11:30 a.m. at the Arctic Oasis meeting room and is open to everyone. Col. Kristine Clifton, 3rd Mission Support Group deputy commander, will be the guest speaker.

The program will focus on the leadership accomplishments of women, especially in today’s Air Force. It will concentrate on the social and cultural forces that shape women’s experience of leadership and the complex barriers to leadership. It is designed to facilitate discussion among junior Airmen. Senior leaders are encouraged to share their experiences and expertise.

Future topics for the group will include assertiveness, fitness and nutrition, goal setting, conflict resolution, and effective communication.

Remember to bring a lunch and tell a friend.

For questions, call Senior Master Sgt. Theresa Parsons at 552-1872 or Senior Master Sgt. Monica Traylor at 552-2409.

## Free performance

Tops in Blue presents “Musicology,” a free performance Jan. 19 and 20 at the Base Theater. The show will start at 7:30 p.m., and doors will open at 6:30 p.m. All ranks and their families are invited.

## Legal readiness

The Legal Office will offer a legal readiness briefing now every Wednesday at 2 p.m. For questions, call Staff Sgt. April Coleman at 552-1969.

## Education Fair

An Education Fair is Jan. 14 from 10 a.m. to 2 p.m. in the Education Center auditorium. The fair is an opportunity to talk to field representatives from on-base schools and the Troops to Teacher’s Program, as well as to discuss financial aide and sign up for military/spouse tuition assistance.

## Crud league

The first game of the 3rd Wing Crud league tournament begins today. Anyone interested in being a Wing Staff Agency Crud POC, referee and/or team member should e-mail or call Capt. Sabrina Luttrell at 552-0303.



## Chapel Schedule

### Catholic Parish

- **Monday through Wednesday and Friday Mass:** 11:30 a.m. at the Chapel Center
- **Thursday Mass:** 11:30 a.m. at the Hospital Chapel
- **Sunday Mass:** 10:30 a.m. at Chapel 1
- **Sunday Evening Mass:** 5 p.m. at Chapel 2
- **Confession:** 6 p.m. Saturdays at Chapel 2

### Protestant Sunday

- **Liturgical Service:** 9 a.m. at Chapel 2
- **Celebration Service:** 9 a.m. at Chapel 1
- **Gospel Service:** noon at Chapel 1
- **Fellowship Praise:** 6 p.m. at Chapel 1

### Religious Education

- **Catholic Religious Education:** Sunday at 9 a.m. at the Chapel Center.
- **Protestant Sunday School:** 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.



Storing illegal files can slow, paralyze network operations

By Master Sgt. Erin Cimenski  
3rd Communications Squadron

Are you tired of hearing, “You can’t save that music file to the network” or “No pictures of your kids allowed on the network!” After all, what is the big deal? Who or what is it hurting?

The network supports the 3rd Wing flying schedule, the Defense Travel System and many other mission critical systems. If unauthorized files on the network continue to be stored, the network will get full and “crash.” If that happens, the ability of the 3rd Wing to execute its vital mission will be severely impacted.

Shared network drives at Elmendorf, also known as the Shared Area Network, are commonly referred to as the “O” and “Q” drives. According to Pacific Air Forces policy, the following file types are unauthorized for storage on shared drives: personal e-mail files (.pst), temporary files (.tmp), music files (.wav), photos (.JPG.), audio and video (.MP3 and .avi), and executable programs (.exe) — except when approved by the Network Control Center.

It is also unauthorized to save copies of publications and forms that are available on the Air Force “Pubs/Forms” page.

The reason for this policy is simple: space on the network is expensive, limited and critical to the speed and daily operation of this valuable base resource.

Currently, we have more than 6,000 network users on Elmendorf and our SAN contains more than 1,600 gigabytes of data, which when printed out, would be more than 20,000 cubic feet or 8,000 drawers of 8.5 x 11 documents.

Already, the SAN is consistently operating at more than 80 to 85 percent of its total capacity.

Just to maintain and back up the SAN each day, it takes a team of 19 configuration management technicians. As an additional duty, this same team is devoting man-hours each day to clean out illegal files in order to keep this crucial base resource operating.

To help help this team, each individual should remember the following things:

- Don’t save unauthorized files to the SAN
- Clean out your unit’s files on the “Q” drive
- Store official files in your Electronic File Plan on the “O” Drive

For more information, contact your workgroup manager, functional area record manager, the Network Control Center, or Master Sgt. Erin Cimenski at 552-8102.



Welcome home Arctic Warriors!

By Col. Michael Snodgrass  
3rd Wing commander

In the next few weeks we will be welcoming home literally hundreds of our Arctic Warriors from numerous locations around the world. I am extremely proud of the wing’s performance over the past several months both here at home, and in our many deployed locations. As we look to the future, we need to ensure we re-integrate our Airmen to their work areas as well as support them as they re-integrate with their families.

For the past two months the 3rd Medical Group, assisted by the Support Group, have been working very hard to develop a game plan for re-integrating our forces as they return from various AEF locations. I asked for this program to be built because of my own experience with reintegration as well as the fact that current AEF locations and stresses are not what we in the USAF have typically dealt with. We now have people who are deployed inside a combat zone ... not several hundred miles away from the fighting. Elmendorf Airmen are conducting ground combat and defense operations, receiving and returning fire to hostile forces, and enduring stresses we have not experienced in the past. I have recently reviewed the proposed game plan and I think we are ready to begin the process of accepting our people back into our community. This program has several aspects.

Most importantly, this program is designed to make sure we offer support to our returning Airmen and their families as they settle back into the Wing and the community. We adapted many aspects of other programs in order to ensure we had a well rounded approach that can be tailored by units to meet individual needs. The program has three major parts: Welcome Home, Re-Integration, and Follow up.

The Welcome Home is a very brief encounter between leadership and the Airman. Those returning through the Joint Mobility Center will be met by me, the vice wing commander or their group commander as well as a team of wing support agencies. The goal of this welcome is to let members and their families meet in the JMC while we offer a few suggestions for the immediate future. In addition, weapons turn-in, deployment survey turn-in (for those who have this requirement), travel voucher hand outs, legal (if necessary), and initial medical screening will all be available in the JMC. As soon as the individual is finished, they are released by their units for home. If returning on commercial air, the unit will meet the Airman at the airport, gather any equipment from them, give them a hand out on the support available and get out of the way of the families.

The Re-Integration piece takes place next, normally within five days of the individual’s return (we are required to file a travel voucher within that time). Units are responsible for making sure Airmen receive the information offered in the Re-Integration phase. The wing will also offer re-integration briefings three days a week from 8-10:30 a.m. (those arriving on commercial air will show up at 7:30 a.m.). These briefings will allow those who need additional support, have questions on travel vouchers, legal, medical, or any other issue to attend and process back into their units. We are bringing the experts to you. Units may conduct their own training or send their people to the wing-provided training, as long at the individuals get the information.

Follow-on training is optional for individuals, their spouses, and families. We will provide information on marital relationships, children reunion issues, referral agencies, and individual assessment capabilities for all our Airmen. In addition, we have programs for spouses

that we call “Connection Activities” These activities are for you to use to assist in helping deal with the stress of having the active duty member reappear in the family.

We solicited many inputs from experienced deployers as well as those who are returning for the first time from an AEF. Your representatives expressed many concerns that I agree with, and we are ensuring we have a program that meets my intent, your needs and those of your families. Since this is for post-AEF activities, it does not apply to normal deployments. It will also be brief...I have no desire to subject our folks to days of power point briefings. The wing provides the baseline for all activities, but squadrons are responsible for implementation. If the unit decides to take advantage of the wing’s sponsored briefings they will schedule their Airmen to attend. If not, then the squadron is responsible for giving the training. Units can tailor additional training to their perceived needs, but the baseline we have established is the minimum.

We want to give our Airmen time with their families as well as ensure we give everyone the tools to re-integrate as smoothly as possible. We are beginning the program this week as our medical team and 90th Expeditionary Fighter Squadron units begin to return. I am sure of two things: First, this is necessary and important. Not everyone will need all the training (singles will not worry too much about children-related issues), but those who are returning will need parts of what we offer. Second, I am sure we do not have it perfect. We will experiment with the program, take feedback, and change it to reflect the needs of the base. I ask for your constructive feedback and assistance to make this worthwhile as we bring our Airmen back into the Elmendorf community. Thank you all in advance for your help.



COURTESY PHOTO

Job well done!

Staff Sgt. Christopher Russell, deployed Elmendorf member from the 3rd Civil Engineer Squadron, receives a commanders coin for excellence from Lt. Gen. Walter Buchanan, commander of Central Command Air Forces at Baghdad International Airport in support of Iraqi freedom. Sergeant Russell received the award for providing power to two separate key critical facilities supporting airfield operations at Baghdad International Airport that the last two previous Air Expeditionary Force rotations were unable to identify and correct.





STAFF SGT. PRENTICE COLTER

Base youth spend time downhill skiing at Hillberg recently. Hillberg also offers ice skating, guided snowmachine rides and ice fishing. An ice fishing tournament will be held Jan. 17 at Hillberg Lake from noon to 4 p.m.



AIRMAN 1ST CLASS GARRETT HOTHAN

Above and on the cover: An Arctic Warrior holds on while gaining speed down Hillberg's snow tubing hill recently. For an easy ride up the tubing hill, Hillberg has a t-bar that tows people and their tubes.



STAFF SGT. PRENTICE COLTER



STAFF SGT. PRENTICE COLTER

Above: A snowboarder glides down the mountain. Left: Ms. Linda Barnack, Hillberg employee, melts wax onto a snowboard for improved handling and speed down the mountain.

## So much going on at Hillberg

By Mrs. Mary Rall  
3rd Services Marketing

The layers of snow on the ground are a sure sign the fun of winter sports has arrived and there's no better place to enjoy them than at the Hillberg Ski Area.

All the action of downhill skiing and snowboarding is offered at a price even the most tight-fisted of winter enthusiasts can stand. Lift passes are available for \$14 for the entire day and \$7 for after 5 p.m.

People who want to enjoy the ride downhill, but would like to do so in a different fashion can take advantage of Hillberg's snow tubing hill. A tubing lift ticket comes complete with a tube that attaches onto a t-bar to pull the tube up the hill for \$14 and \$7 for after 5 p.m.

All-hill tickets are available for people who want to take on skiing and snow tubing the same day for \$16 for the full day and \$8 after 5 p.m.

Individuals interested in spending a good portion of the winter at Hillberg can save money by purchasing season lift passes, which include access to all lifts, snow tubing and ice skating. Passes are offered for \$190 each, family passes for three people for \$570, four-person families for \$620 and families of five for \$670.

Family specials are limited to immediate family members only.

The introduction to the fun of Hillberg is made a little easier for those new to the slopes through the snowboarding and skiing lessons offered for a small fee.

People taking classes may bring their own equipment or rent it from Hillberg.

The facility offers a large variety of rental items to include skis, ski boots, snowboard packages, poles,

snow blades, ice skates, ice augers, scoops and ice fishing poles. Individual packages are available, or families of four or more can take advantage of family skiing, snowboarding, ice skating and ice fishing packages.

Regardless of whether fishing devotees rent equipment from Hillberg or bring their own, Hillberg Lake is an ideal place to try to land a whopper.

Also, Hillberg Lake is just the place to slide into a little ice skating then trot on over to the lodge following the day of skating to warm up over some hot chocolate or other temptations at the T-bar and Grill.

Featuring menu items such as burgers, nachos, french fries and fountain drinks, the snack bar has all the hearty foods people need to keep their energy up for an entire day of Hillberg fun.

The lodge area is also available for group functions or parties for free.

Hillberg's normal hours of operation are Wednesday through Friday from 5-9 p.m. and Saturday, Sunday and holidays from noon to 9 p.m. Hillberg will be open Jan. 17 and Feb. 21 from noon to 9 p.m.

Hillberg's Pro Shop opens one-half hour prior to the ski area's hours of operation and closes one hour before the lifts close. The Pro Shop offers a full-line of skiing and snowboarding equipment, clothing, accessories and services such as ski tuning, waxing, edge sharpening, fitting and more at discounted prices.

For more information on the Hillberg Ski Area, go to [www.elmendorfservices.com](http://www.elmendorfservices.com).

To make an appointment for lessons, call 552-4838.



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## Base bowling club rolls in savings

By Mrs. Mary Rall  
3rd Services Marketing

Start the New Year on the right “lane” by stopping by the Polar Bowl to enjoy some of the programming designed to keep both days and nights filled with something for everyone.

January will begin with a bargain with Broke After New Years Bowling.

Games will be featured throughout the month for just 25 cents Monday through Thursday from 11 a.m. to 5 p.m. and Friday from 11 a.m. to 3 p.m. This offer excludes holidays.

The month will also include the facility’s regularly scheduled savings opportunities to include the following: Airmen’s Special Mondays, Bowler Appreciation Night Tuesdays, Wednesday Night Madness, Red Pin Bowling Thursdays, All Night Xtreme Bowling Fridays and Saturdays, and Family Xtreme Bowling Sundays.

Furthermore, E-4s and below can take advantage of a savings opportunity designed especially for them by checking out the “buy one get one for half price” Xtreme bowling package at the Polar Bowl Jan. 15.

Pocket change will also stretch a bit further than the norm at Quarter Mania Jan. 20 from 11 a.m. to 9 p.m.

Participants can bowl for quarters with shoe rentals and games costing just 75 cents each.

Children can put a better spin on their game by attending a training session created just for them Jan. 22 at 3 p.m.

This event is open to children ages 5-10 for \$5 each.

There is a limit of 10 spots available and a Spongebob Squarepants bowling ball will be given away to one of the event’s lucky participants.

Youth interested in playing the game throughout the year can do so by signing up for the Young American Bowling Alliance bowling season.

The YABA bowling program is open to youth ages 3-21 at the Polar Bowl, and is a great way for players to improve their game and have fun in a friendly atmosphere.

Of course, the Polar Bowl also has everything needed to make a squadron function,

# POLAR



# BOWL

birthday party, or special event a success.

The staff at the Polar Bowl will do all the planning for virtually any event.

Individuals can even save 10 percent off the entire bill for functions booked Monday through Wednesday.

Also, be sure to stop by the Polar Bowl to enjoy your time off for Martin Luther King Jr. Day Jan. 17.

Special holiday games of bowling will be offered for \$2.50 each from 2-9 p.m. Xtreme bowling will also begin at 9 p.m. to help see the night of bowling in with some color.

For more information on Polar Bowl activities, call 552-4108 or log on to [www.elmendorfservices.com](http://www.elmendorfservices.com).

**XTREME NIGHTS:** Stay up late while enjoying Xtreme bowling today and Saturday from 10 p.m. to 1 a.m. for \$15 per person at the Polar Bowl. 552-4108

**MOVIE:** *Bridget Jones: The Edge of Reason (R)* In this sequel, Bridget Jones is still happily dating human-rights lawyer Mark Darcy. But eventually she starts to notice his flaws and begins wondering if he isn’t interested in his new co-worker. 7 p.m.

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**HELP THE HUNGRY:** Create pottery and make a difference for people in need today from 10 a.m. to 5 p.m. at the Skills Development Center. All materials will be provided for free and items created will be auctioned off for charity in February. 552-7012

**MOVIE:** *Bridget Jones: The Edge of Reason (R)* 7 p.m.

...:sun

**SKI LESSONS:** Learn the skills you need by taking beginner cross-country ski lessons today at 1 p.m. at the Outdoor Recreation Center for \$5. People who rent cross-country skis for the season or purchase a cross-country ski package can enjoy the classes for free. 552-2023

**MOVIE:** *Alexander (R)* By the age of 32, Alexander the Great had amassed the greatest empire the world had ever seen. In between, his life was marked by a tumultuous relationship with his parents who were determined to put their child on the throne at any cost, including murder. The film chronicles his journey from his youth to his mysterious death as a ruler of a vast state of Macedonia. 7 p.m.

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**SNOWMACHINE TRIPS:** The Outdoor Adventure Program will be offering guided snowmachine trips on the base trail system when there is enough snow cover. The two-hour trips will begin and end at Hillberg Ski Area and are open to participants 16 and older. 552-4838.

...:inside the fence

**Super Friday**, tonight at 5:30 p.m. at The Cave and The Kashim Lounge. 753-3131

**Give Parents a Break**, tonight from 7-11 p.m. at the Denali CDC. 552-8304

**Cross-Country Ski Waxing Clinic**, Saturday at 1 p.m. at the Outdoor Recreation Center. 552-2023

**Family Xtreme Bowling**, Saturday from 1-8 p.m. at the Polar Bowl. 552-4108

**Sunday Brunch**, Saturday from 10:30 a.m. to 2 p.m. at the Susitna Club. 753-3131

**Airmen’s Special**, Monday from 5-9 p.m. at the Polar Bowl. 552-4108

**All You Can Eat Buffet**, Monday from 1 a.m. to 1 p.m. at the Susitna Club. 753-3131

**Parent Advisory Meeting**, Tuesday at 11:30 a.m. at the Susitna Club. 552-5091

**Bowler Appreciation Night**, Tuesday from 5-9 p.m. at the Polar Bowl. 552-4108

**FCC Training and Orien-**

**tation**, Monday-Jan. 14 at Family Child Care. 552-3995

**Preschool Story Hour**, Tuesday at 10:30 a.m. at the Library. 552-3787

**Take It and Make It**, Tuesday at the Library. 552-3787

**Introduction of Picture Framing**, Wednesday at 5:30 p.m. for \$40 at the Skills Development Center. 552-7012

**Deployed Spouse Family Potluck**, Wednesday from 6-9 p.m. at the Arctic Oasis Community Center. 552-8529

**Wednesday Night Madness**, from 5-9 p.m. at the Polar Bowl. 552-4108

**2-4-1 Lift Tickets**, Wednesday at the Hillberg Ski Area. 552-4838

**Scrapbooking Class**, Wednesday at 9:30 a.m. at the Arctic Oasis Community Center. 552-8529

**Scrapbooking Class**, Thursday at 6 p.m. at the Arctic Oasis Community Center. 552-8529

**Boss and Buddy Night**,

Thursday at 4:30 p.m. at the Kashim Club. 753-3131

**Morning Coffee Conversation**, Thursday at 10:30 a.m. at the Arctic Oasis Community Center. 552-8529

**Family Night Buffet**, Thursday at the Susitna Club. 753-3131

**Ceramic Snowbirds Plate**, Thursday and Jan. 20 at 6 p.m. for \$35 at the Skills Development Center. 552-7012

**Red Pin Bowling**, Thursday from 5-9 p.m. at the Polar Bowl. 552-4108

**Stamping and Making Calendar Inserts**, Jan. 14 at 5:15 p.m. for \$20 at the Skills Development Center. 552-7012

**All Night Xtreme**, Jan. 14-15 from 10 p.m. to 1 a.m. at the Polar Bowl. 552-4108

**Retiree Appreciation Night**, Retirees save 20 percent Jan. 14 at the Susitna Club. 753-3131

\* Skills Development Center classes must be signed up for three days in advance.

The Weekend



## Air Force Leaders

By 1st Lt. Tony Wickman  
Alaskan Command Public Affairs

ACROSS

- 2. Shaq’s org.
- 5. Alphabet beginning
- 8. Moving in the air
- 10. Lt. Gen. George \_\_\_\_, surgeon general (AF/SG)
- 14. “A Street Car Named De sire” character
- 15. Cloister
- 16. Iowa town
- 17. Bad salt
- 19. Sadder
- 20. Fall cleanup tool
- 21. A woodwind
- 23. Alcohol spirit
- 25. Speaker
- 28. Epochs
- 29. Forensic ID
- 30. Water block
- 31. Oklahoma town
- 33. Rumsfeld office symbol
- 34. Observe

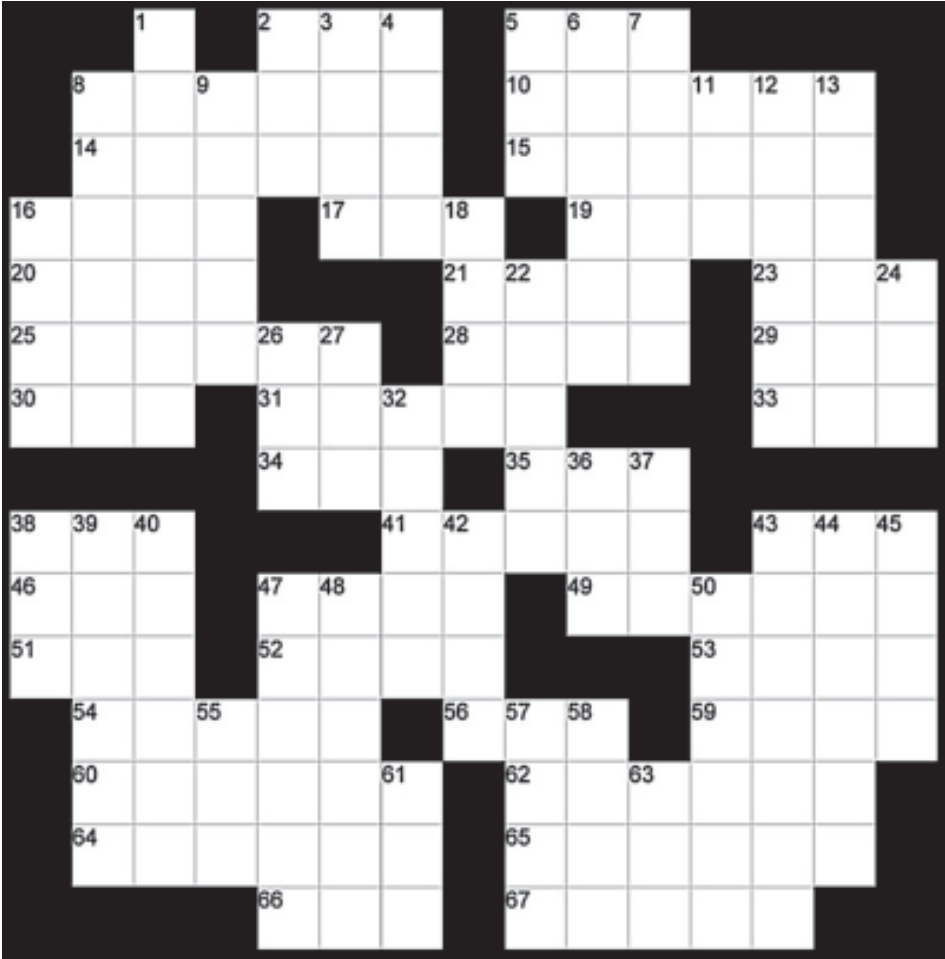
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Last week’s solution

- 35. Blob
- 38. Nuclear, biological, chemical devices, in short
- 41. Western actor John
- 43. Ballistic missile org.
- 46. Pilot with 5+ kills
- 47. Abel’s sib
- 49. Answer the utterance
- 51. USAF medal for flying heroism
- 52. Supplant
- 53. Second-hand
- 54. Saudi inhabitants
- 56. 1 + 1 result
- 59. NY team
- 60. Contradict
- 62. Religious house
- 64. AFB home to Red Flag
- 65. Consented
- 66. Explosive combo
- 67. Hirsute

DOWN

- 1. Lt. Gen. Donald J. \_\_\_\_, Installations and Logistics (AF/IL)
- 2. Nothing score
- 3. Salve
- 4. Regretful expression
- 5. One \_\_ \_ time
- 6. First European to see Pacific Ocean
- 7. Revolutions
- 8. Eritrean capital
- 9. Clear, as in electronic clock
- 11. TV character Grant
- 12. Exaggerate
- 13. TV shows, sometimes
- 16. NY Yankee player, informally
- 18. Leaves
- 22. “The \_\_\_\_ Bunch”
- 24. Angry



- 26. USAF commissioning source
- 27. Penitence
- 32. Dr. Mark J. \_\_\_\_, chief scientist (AF/ST)
- 36. NORAD region
- 37. Pollen-gathering insect
- 38. Clump
- 39. Maj. Gen. M.L. \_\_\_\_, Safety (AF/SE)
- 40. Commandment
- 42. Picnic pests
- 43. Gen. T. Michael \_\_\_\_, vice chief of staff (AF/CV)
- 44. Slimmed down
- 45. Conjunctions
- 47. Metallic element Co
- 48. Texas town
- 50. Gen. John P. \_\_\_\_, chief of staff (AF/CC)
- 55. Altimeter setting, perhaps
- 57. Normandy beach
- 58. Gigantic
- 61. Time zone for Langley AFB
- 63. Scan done by a Dr.



# Sports News



PHOTOS BY AIRMAN 1ST CLASS GARRETT HOTHAN

## Trekin' through base

Above: 1st Lt. Roger Lee, 3rd Medical Group, tunes up a cross-country ski at the Outdoor Recreation Center Sunday. The center has a free cross-country ski waxing clinic Saturday at 1 p.m. and has beginner cross-country ski lessons Sunday and Jan. 16 starting at 1 p.m. at the Outdoor Recreation Center for \$5. Future times and dates of cross-country ski and other activities are posted at [www.elmendorfservices.com](http://www.elmendorfservices.com).

Left: More than 20 beginner cross-country skiers participated in cross-country ski lessons Sunday.

## Fight for it!

A teammate from the 962nd Airborne Air Control Squadron (in white) and a teammate from the Core of Engineers, both members of the Over-30 Intramural Basketball League, go up to gain control of the ball Monday. The teams have been battling it out at the Fitness Center gym since October, when the two Intramural Under-30 and Over-30 Leagues began. Currently, the 3rd Civil Engineer Squadron, 611th Air Support Squadron and Core of Engineers are at the top in the Over-30 League. They will be competing this week among other Over-30 League teams for the championship game, slated for Jan. 19 at 11 a.m. The Under-30 League teams are wrapping up their final/make-up games before they go into playoffs later this month. For questions, call the Fitness Center at 552-3504.



AIRMAN 1ST CLASS GARRETT HOTHAN